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## A MESSAGE FROM THE MANAGER

With the opening our of detoxification service, Druglink are now turning our focus onto securing more beds for rehabilitation.

Oxygen Recovery - our nine bed rehab service, has operated for many years, supporting clients into recovery. With the ever increasing demand on beds within the UK, and our waiting list at a record high, we are now exploring options to increase our beds with a bigger rehab facility.

As many people can appreciate the securing of the right premises and location is the very first challenge for Druglink. Our plans to explore properties are already in motion and we will keep all providers updated on our progress throughout 2023.



## WHAT'S NEW

Oxygen Detox clients have been enjoying the benefits of yoga with our new yoga teacher Eleanor. She is a local teacher and brings her collective experience of yoga, mindfulness and gentle breath work each Friday.

Alistair Richardson who is a leading trauma trainer delivered a two hour workshop for staff at Oxygen and our housing teams, which covered the Pia Melody model of working with childhood trauma. We are looking forward to having him back for more training in the next few months.

Both Oxygen Recovery & Detox are working with "Child of " which is an art project that supports those with addiction. We're now facilitating weekly sessions in both services on the back of our successful project "Beyond Addiction" at the Saatchi Gallery this year. Keep an eye out for more on this project from Druglink in 2023.

## OUR ACHIEVEMENTS

Oxygen Detox is proud to announce that since opening we have been able to successfully treat 100 clients in our first six months. We are looking forward to helping the next 100 onto the journey of recovery from addiction.

Our Step Down project, which provided housing support for those leaving detoxification, has now completed. Following a slow start with referrals, we were able to successfully support 10 clients post detox.

We have just completed our first year working with Safer Places, providing dedicated domestic abuse and addiction support via our housing models. We will soon be publishing an in depth report to share the success of the project.

Our first year with Kings Langley Football Club is completed. It has been a huge success, with Druglink supporting the team on educating parents and young people on the dangers of drink & drugs.

## WHAT'S HAPPENING AT DRUGLINK

We recently opened Oxygen Routes, a new, commissioned service that supports Hertfordshire residents – struggling with alcohol and other drugs – to help people to access and maintain safe and suitable accommodation. We do this by navigating them along a trauma informed approach, person-centred supported pathway. The Routes service can be accessed by single adults (over 18) who are living in Hertfordshire in hostel settings and temporary accommodation. Service users are struggling with alcohol and other drugs and are in danger of losing their tenancy and becoming homeless. We work with them to prevent this.

On Friday 23<sup>rd</sup> June a local accountancy firm - Sterling Accounting Solutions – are running a charity golf day and have chosen to support Druglink this year. All funds raised on the day will go to Druglink. We are honoured and excited to have been selected as their chosen charity.

We have joined the Herts Healthy Workplace Programme to support our staff and address any health concerns in the workplace. We are currently working on surveys with staff, looking at what we can improve. We are working towards a Level 1 qualification, hoping to then move towards Level 2. We have three members of staff trained as Wellbeing Champions. We have undertaken disability confidence Level 1 with Level 2 to works towards.

## MEET A TEAM MEMBER

**Binu John**  
Oxygen Detox Therapeutic Lead

Binu joined Oxygen Detox in November and has been with us through the journey of setting up and taking our first clients. He has recently been promoted to the therapeutic lead of the service overseeing all of the groups and therapy interventions. Binu is a qualified and experienced psychologist having worked as a mentor, chief coordinating officer, and counselling psychotherapist overseas.



## OXYGEN & DETOX IN NUMBERS

**63** clients have completed  
detox

OXYGEN RECOVERY &  
OXYGEN DETOX  
PERFORMANCE DATA  
Apr 23 - Jun 23

**6** clients  
have  
completed  
rehab

**4** clients have  
completed  
second stage rehab

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